

**Eat Up**  
**For Period 01 August 2023 TO 31 July 2024**

**Charity Information**

**Trustees**

**Tommy Reid - Chair**  
**Andrew Roy - Treasurer**  
**Mariusz Stepien - Secretary**

**Address**

**10 Mc Neil Drive**  
**Holytown**  
**Eurocentral**  
**ML1 4UR**

**E-mail: [boardofdirectors@eatupcharity.online](mailto:boardofdirectors@eatupcharity.online)**

**Tel: 03331887766**  
**Mobile: 07426563463**

**Scottish Charity Number**

**SC048548**

**Eat up Trustees' Report**  
**For Period 01 August 2023 - 31 July 2024**

**Introduction**

Eat up is a small Scottish Charity (SC048548). Founded in 2017, Eat up Charity has made tremendous impact thanks to the help of members and volunteers in the Renfrewshire, Glasgow and North Lanarkshire community. The core of our work lies in the continuous passion and dedication we bring to the range of projects we take part in. Charity supports the community through food, furniture, social space, music and recreational activities.

**Aims/Objectives**

The prevention or relief of poverty, the advancement of citizenship or community development, the provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended, the relief of those in need by reason of age, ill-health, disability, financial hardship or other disadvantage

The charity has advanced with the Euro central building holding events such as helping socialization and strengthening the community. The coffee mornings and the new community hub in paisley have all helped bring the community together. The food service has did well as its met the needs of the community relieving poverty.

**Activities**

The charity has spent the year developing its infrastructure to enhance the service it provided. It has done that through campaigns and fundraising. It carries out activities or services itself.

**Statement of Responsibilities of Members**

The committee members are responsible for the preparation of the accounts for each financial year, which gives a true and fair review of the state of affairs at the end of the year and of its results for that period. In preparing those accounts, the members are required to;

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent
- State whether applicable accounting standards have been followed
- Prepare the accounts on the going concern basis unless it is inappropriate to assume that the scheme will continue

The committee members are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the project and which will enable them to comply with accounting procedures of The Law Reform (Miscellaneous Provisions) (Scotland) Act 1990 and The Charities Accounts (Scotland) regulations 1992.

As a Scottish charity, they must also comply with the applicable terms and provisions of the Charities & Trustee Investment (Scotland) Regulations 2006. They are responsible for safeguarding the assets of the organisation and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

We shall continue to work to deliver the successful assistance and help required by our service users to the consistently high standard we have been renowned for.

We would also like to take this opportunity to thank our volunteers and supporters from the whole community for their hard work throughout the year.

Signed on behalf of Eat Up

Trustee/Chair: Tommy Reid

*Tommy Reid*

.....  
Date: 05.03.2025



APPENDIX 3



**Independent examiner's report on the accounts** v2

**Report to the trustees/members of**  
**Registered charity number**  
**On the accounts of the charity for the period**

Charity name EAT UP						
Registered charity number SC048548						
Period start date				Period end date		
Day	Month	Year	to	Day	Month	Year
01	08	2023		31	07	2024
Set out on pages						(remember to include the page numbers of additional sheets)

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

**Independent examiner's statement**

In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page\*]

- which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**   
**Name:** MOHSAN SALEEM

**Date:** 05/03/2025

**Relevant professional qualification(s) or body (if any):**

IFA

**Address:**

Pro Tax Accountants Saleem & Co Ltd  
21 Underwood Road  
Paisley  
PA3 1TH



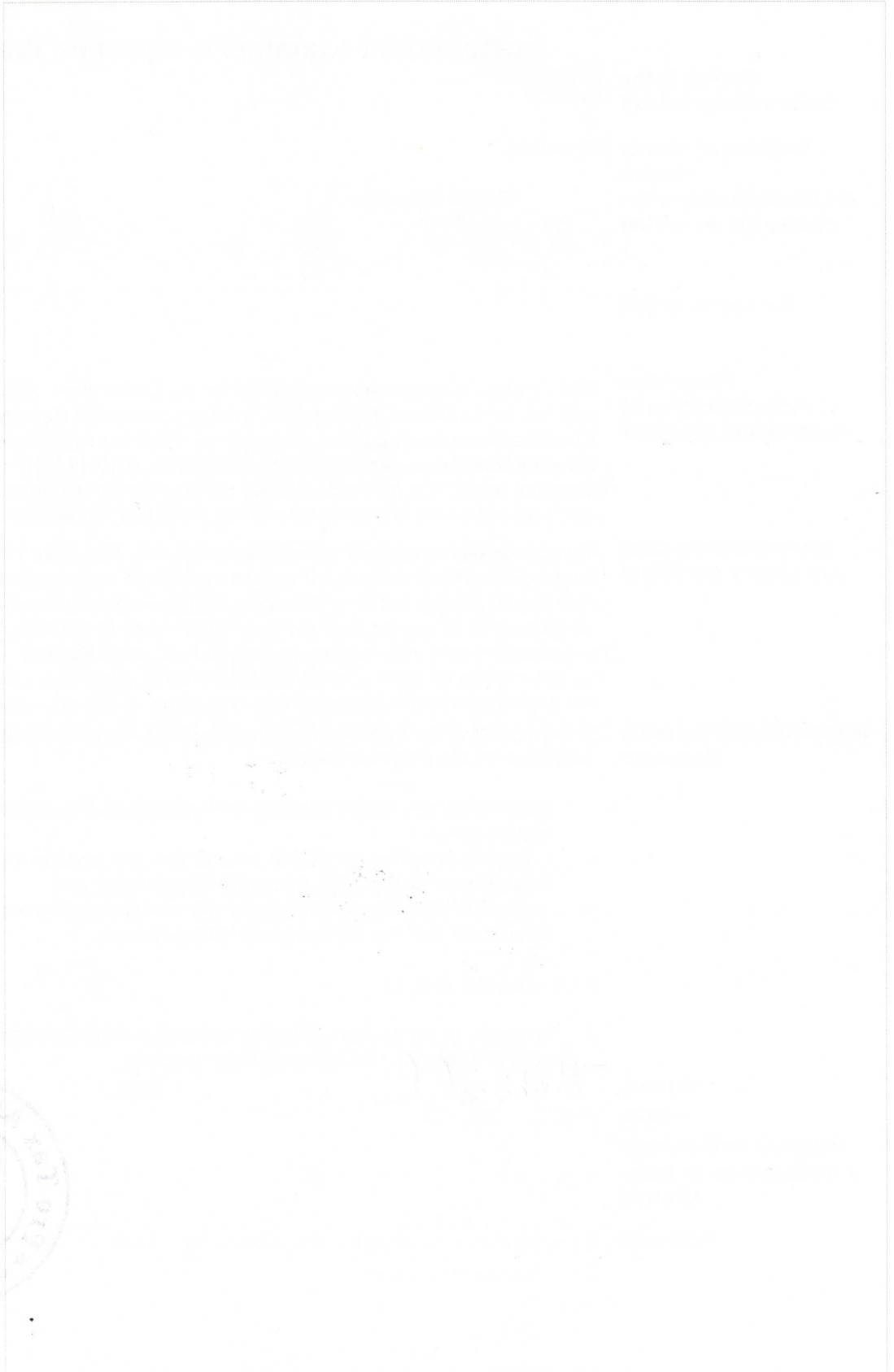
\*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose





EAT UP

SC048548



Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	25	05	2012		04	02	2020
	01	08	2023		31	07	2024

### Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
<b>A1 Receipts</b>						
Donations	12,814	8,000			20,814	22,649
Legacies					-	-
Grants					-	-
Receipts from fundraising activities					-	-
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
<b>A1 Sub total</b>	<b>12,814</b>	<b>8,000</b>	<b>-</b>	<b>-</b>	<b>20,814</b>	<b>22,649</b>
<b>A2 Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>A2 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>12,814</b>	<b>8,000</b>	<b>-</b>	<b>-</b>	<b>20,814</b>	<b>22,649</b>
<b>A3 Payments</b>						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	19,919				19,919	23,554
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
<b>A3 Sub total</b>	<b>19,919</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>19,919</b>	<b>23,554</b>
<b>A4 Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>A4 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>19,919</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>19,919</b>	<b>23,554</b>
<b>Net receipts / (payments)</b>	<b>(7,105)</b>	<b>8,000</b>	<b>-</b>	<b>-</b>	<b>895</b>	<b>(905)</b>
<b>A5 Transfers to / (from) funds</b>						
<b>Surplus / (deficit) for year</b>	<b>(7,105)</b>	<b>8,000</b>	<b>-</b>	<b>-</b>	<b>895</b>	<b>(905)</b>

**Section B Statement of balances**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	(4,305)	3,400	-	-	(905)	NIL
	Funds went to new management for future use from old management	-	-	-	-	-	-
	Surplus / (deficit) shown on receipts and payments account	(7,105)	8,000	-	-	895	(905)
						-	
	Cash and bank balances at end of year	(11,410)	11,400	-	-	(10)	(905)

B2 Investments	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
		Total	-	-

B3 Other assets	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
		Total	-	-	-

B4 Liabilities	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
		Total	-	-

B5 Contingent liabilities	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
		Total	-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Tommy Reid</i>	Tommy Reid	05 March 2025



**Additional analysis (1)**

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Collections from Donors	12,814	8,000			20,814	22,649
					-	
					-	
<b>Total</b>	<b>12,814</b>	<b>8,000</b>	<b>-</b>	<b>-</b>	<b>20,814</b>	<b>22,649</b>

2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
National Lottery (van)	-	-	-	
National Lottery (covid grant)	-	-	-	
Baillie gifford (coffee cart)	-	-	-	
Robertso trust (van driver)	-	-	-	
Martin lewis (core costs)	-	-	-	
Neighborly	-	-	-	
<b>Total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Receipts from Fund Raising	-				-	-
					-	
					-	
					-	
					-	
					-	
<b>Total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>

4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
					-	
					-	
Payments relating directly to charitable activities	19,919	-			19,919	23,554
					-	
					-	
					-	
					-	
<b>Total</b>	<b>19,919</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>19,919</b>	<b>23,554</b>



**Additional analysis (2)**

**5 Breakdown of unrestricted funds**

	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
<b>Receipts</b>						
Donations	12,814				12,814	15,649
Legacies					-	
Grants					-	-
Receipts from fundraising activities					-	
Gross trading receipts					-	
buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
<b>Sub total</b>	<b>12,814</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>12,814</b>	<b>15,649</b>
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>12,814</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>12,814</b>	<b>15,649</b>
<b>Payments</b>						
Expenses for fundraising activities	19,919				19,919	19,954
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
<b>Sub total</b>	<b>19,919</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>19,919</b>	<b>19,954</b>
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>19,919</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>19,919</b>	<b>19,954</b>
<b>Net receipts / (payments)</b>	<b>(7,105)</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>(7,105)</b>	<b>(4,305)</b>
<b>Transfers to / (from) funds</b>						
<b>Surplus / (deficit) for year</b>	<b>(7,105)</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>(7,105)</b>	<b>(4,305)</b>

Nature and purpose of funds						
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**Additional analysis (3)**

**6 Breakdown of restricted funds**

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
<b>Receipts</b>						
Donations	8,000	-			8,000	7,000
Legacies	-	-			-	
Grants	-	-			-	-
Receipts from fundraising activities	-	-			-	
Gross trading receipts	-	-			-	
Income from investments other than land and buildings	-	-			-	
Rents from land & buildings	-	-			-	
Gross receipts from other charitable activities	-	-			-	
<b>Sub total</b>	<b>8,000</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>8,000</b>	<b>7,000</b>
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>8,000</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>8,000</b>	<b>7,000</b>
<b>Payments</b>						
Expenses for fundraising activities	-				-	3,600
Gross trading payments					-	-
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
					-	
					-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>3,600</b>
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>3,600</b>
<b>Net receipts / (payments)</b>	<b>8,000</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>8,000</b>	<b>3,400</b>
<b>Transfers to / (from) funds</b>						
					-	
<b>Surplus / (deficit) for year</b>	<b>8,000</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>8,000</b>	<b>3,400</b>

**Nature and purpose of funds**