



Small End of Grant Report

Introduction

Please use this form to tell us about your progress during the reporting period. We will review your report to find out what progress you have made against your agreed outcomes and activities and will let you know once we are happy with this information. We will also use the information you provide to highlight achievements and good practice, and to effectively shape our future work. We very much appreciate your time and commitment to this task.

COMPLETION NOTES FOR THIS FORM

You do not need to complete the report in one sitting, however please remember to save any changes prior to closing the form. There are save buttons to the right of the form and at the end.

Fields highlighted in red are mandatory and **must be completed** in order for the report to be submitted.

Please ensure you **read the notes** contained within the form as these provide guidance on the information we expect from you.

Some of the fields are pre-populated for information purposes and include the **outcomes & activities** you provided at the start of the year and the **number of beneficiaries** you said you would work with.

PLEASE NOTE THAT THESE FIELDS WILL ONLY BE PRE-POPULATED FOR THOSE GRANT HOLDERS WITH AWARDS APPROVED FROM NOVEMBER 2016 ONWARDS. IF WE AWARDED YOU A GRANT BEFORE THIS DATE PLEASE REFER TO YOUR OUTCOMES & ACTIVITIES FORM FOR THE PERIOD.

Some fields contain a word limit. If you go over this please provide the additional information in a word document and attach this in the supporting documentation section at the foot of this form.

Grant Details

Grant Details

Organisation Name

EatUp

Grant Name

Running Costs

Grant Reference

2019/4929

Total Award Approved

£5,000

Period Covered by Report

13/05/2020 to 13/05/2021

Payment Amount

£5,000

End of Grant Report

What we expected to do

Your agreed Outcomes & Activities

Outcome 1: Delivery food to vulnerable people houses

Activity 1: help those who are unable to reach foodbanks

Activity 2: help those vulnerable to provide a service to

Activity 3: able to get to those who wouldn't normally otherwise get reach foodbank

Outcome 2: Wider reach to more people

Activity 1: expand our operations to more outlets were the food is going

Activity 2: reach to wider network of people

Activity 3: expand our operation

Outcome 3: Van

Activity 1: to expand delivery of the food

Activity 2: mobile food bank

Activity 3: to reach out to more people with the food

What we actually did (activities)

Please refer directly to the activities agreed for the reporting period shown above and tell us about what you actually delivered during the reporting period

Please include the actual numbers involved e.g. how many people participated, how many sessions were held etc.

Where there are differences between what you planned to do and what you actually did, please tell us the reasons why, and what you did/are doing to address the issues you faced.

We worked and responded to a pandemic. Its a massive gamechanger for the charity. The charity would not have been able to function with out the funding from you. Your decision to fund Eat Up actually fed thousands of folk. These are people that can be your neighbour . People sometimes just say nothing and will wait till their next money comes in. They will be without anything, rather than ask for help. Eat Up offers a fully functional community fridge and cabinet that people can take a bag of food from without stigma. The food deliveries to houses we know offers a lifeline too. We responded to peoples request for food. They went through our website or called us on the mobile phones. We are a small team of people but in the early days of the lockdowns we were out delivering food. There was two of us in the van and one stayed at the warehouse to get the next batch ready for us to collect. we corresponded with the Scottish Government and did the safest way as we could when working together. What is now known as bubbles.

We gained volunteers form the university of the west of Scotland students association, the staff who were furloughed helped and so did loads of other folk. We have the volunteers as the summer approached.

The service made sure vulnerable folk were helped. The issue was we did not know where all vulnerable folk where so we went with the information through social media and websites that people sent. Plus we had projects letting us know too.

The service is running smooth as we have got used to it and now know the pit falls and got over them also.

Total number of people we worked with

Please provide the total number of people who directly engaged with the project/services/activities over the last 12 months

Expected

200

Please note the above field will only show a figure for those grant holders who were awarded funding from November 2016. If you were awarded funding prior to this date this field will be blank, however please tell us the actual number of people you worked with during the period in the field below.

Actual

8000

If the number of people you worked with is significantly more or less than the number you expected to work with, please tell us why

The Covid-19 situation meant that people needed food more than ever. One minute we were putting food to the community fridge paisley and a few other projects. The quantity was vast we believed at the time. Then the pandemic started and we took on 40 supermarket collections a week plus we bought around 6000 pounds of food. We got a bit more funding which helped with that. The reality is we were surprised to work out that with David McGuire up at the West End of Glasgow was putting out 600 meals a day at the peak of demand, John Crossan at the Clutha Trust 650 a week and other projects putting a couple of thousand meals out. Eat Up was supplying most of the food to these projects. David had catering bulk foods for the kitchen so we would supply big bags of flour for pizza making and pasta for pasta boxes. It just meant that Eat Up began getting food to large quantities of people though kitchens and projects, it is now June 2021 and David is back to running his Bistro, but all the other projects the Star Project and Paisley Community Fridge all still receive food. We have added the Homeless Project Scotland to our drop offs too. eight thousand we say are impacted by our work. We know its higher, but we are keeping it to the numbers we know we can prove. The amount of people is staggering this charity has helped.

What difference(s) we made (outcomes)

Please report on each of your agreed outcomes, telling us about the difference made as a result of your activities, including how you know that you made that difference

This might include a mixture of numbers (e.g.10 older people reported making new friends) and case studies/quotes to illustrate how things have changed for individuals as a result of your work.

Please also tell us about any other outcomes you have achieved that were different to what you'd originally expected.

We got some feedback from groups.

Star Project

The Star project in Paisley is a local project helping vulnerable people also giving food to those who need it, Heather has been working hard to ensure the running of the project to keep it running.

The impact the charity has on star has been tremendous as its been supplying food for nearly 3 years and still going, the work its doing is absolutely fantastic:-

“Our numbers are primarily based on donations we receive directly from supermarkets and other charities. Again, I don’t mean to be ungrateful – you guys have done a lot for us – but as your demand has grown, we have understandably received far less, and irregular, food donations from you. Therefore, I am unable to ascertain numbers impacted by these donations. Eat Up charity provided us with food/essentials every week since we opened our Community Fridge and Pantry back in March 2019. These donations were always welcome and meant we could provide a dignified response to food insecurity in Renfrewshire. At the start of the pandemic, we transformed our fridge and pantry to a delivery service, which saw our numbers rise exponentially. Eat Up provided us with a substantial amount of food that meant we were able to quickly and effectively reach the most vulnerable community members. The reason we were particularly endeared by Eat Up is that they solved the issue of picking up surplus food from supermarkets, by delivering direct to the project. This is undoubtedly their unique benefit to the third sector”.

Nazarene Church

The church of Nazarene in Paisley helps 30 - 35 people a week run under Suzanne Dock on a weekly basis. Has a massive impact for providing meals and food parcels every week.

“The link between Eat Up and Nazarene Church is creating a support network which shows that there is always someone to look out for. The community support network brings together people. There are people with various mental health problems and through the distribution of food it's giving them a lifeline.”

Childcare first;- Rainbow Nursery

Child Care first who feed over 10 families a week with the amount of food they get

The impact this had had on Dannille Gallacher and her team who run the nursery is

“Thanks to your charity we were able to provide 10 families with food & other items.

The families were more than happy with these & would like to thank you for your support & help within the community of shortroods especially in these times of hardship.

You guys have been a fantastic help towards our project which aimed to support vulnerable families within the community”

Corkerhill Community Hub

Elaine Mcsporrان who helps run the Corkerhill community group.

“They provide fresh food to 100 people per week. The produce which the Eat Up Charity has provided has been a vital part in helping us. They make the food fresh on the day therefore the produce is used and allowed them

to expand as without funding as they found it extremely difficult. They have also a link with the homeless charity in Glasgow City Centre and they have been unable to use it and they have fed over 60 people with the extra food. Linking in with other sources means no food is wasted and has helped more than 160 in a week. The impact this gives the organisation is another reach in that area but also helps those less fortunate but gives them an outlet for fresh produce”.

The Clutha Trust

We have been supplying The Clutha Trust with food on a weekly basis who on average feed up to about 450 users. The Clutha Trust creates 150 food parcels, which is outstanding. Food parcel referrals and requests have varied greatly from week to week. They have a core of around 150 parcels created every week but this has risen to over 450 at times.

The impact this has on the Clutha has helped to ensure that they can meet the requests and referrals they have each week and allow the parcels to have sufficient nutritionally balanced meals.

The impact has benefited both the Clutha and feeding those vulnerable in their communities to asylum seekers to those have nothing and the organization is more than happy to assist john in whatever means necessary

The amount of food Clutha is feeding is a lot on a weekly basis and this help them in the long run.

Below is a quote from John Crossan on how the organisation has impacted his services

“As you know our charity fundamentally deals with music and the arts, helping and supporting young people in these areas.

However as the coronavirus pandemic unfolded in our community, we recognised the need for, and have been focusing our resources on helping those in need by providing parcels containing food, toiletries and other non-food essentials. In addition to this we work closely with, assist and provide support to other charities and food banks.

Food parcel referrals and requests have varied greatly from week to week. We have a core of around 150 parcels created every week but this has risen to over to over 450 at times.

Our resources and volunteers are limited, the contents of the parcels have been mostly purchased rather than donated. The donations from Eat Up have helped ensure we can meet the requests and referrals we have each week and allow the parcels to have sufficient nutritionally balanced contents. Again many thanks for your help and donations.”

Robertson Trust, the answer is the service expanded ten times, the demand was so great that two or three van loads of food went out a day during the lock downs. We also had cars with food going out. We tried and

are still trying to get another van to move more food in more areas. The buildings the charity has are in Selkirk, Holytown, Glasgow and Hillington Park. We are constantly getting food to people.

Future Plans

Please tell us, briefly, if and how you plan to sustain the project/activity now that our grant has ended

To keep going,
Eat Up changed its constitution and added bits on.
It still relieves poverty and so much more.

2. Aims & Objectives

- a) "To Relieve Poverty by delivering food to people in need" and/ or "the relief of those in need by reason of age, ill health, disability, financial hardship or other disadvantage".
- b) "The advancement of citizenship or community development".
- c) "The provision of recreational facilities, or the organisation of recreational activities, with the object of improving the conditions of life for the persons for whom the facilities or activities are primarily intended".

We are trying to develop a music area
<https://eatupcharity.co.uk/the-space>

We have a one pallet scheme
<https://eatupcharity.co.uk/one-pallet>

We are helping folk with house hold goods
<https://eatupcharity.co.uk/kind-lift>

Helping people start entrepreneurship
<https://eatupcharity.co.uk/step-up>

We have a building i Euro central that is taking shape
It has
<https://eatupcharity.co.uk/radio-factory>
<https://eatupcharity.co.uk/the-zone>

We have a sage system with a peoples officer at
<https://blueprintscotland.sage.hr/signin>

A coffee shop we are opening once we can get a stainless steel sink. So we are out with some fundraising licences to raise for that.

We are opening Selkirk soon. The idea is to help other community groups with space. They can have an office and break out space approx., to help them. We plan t put a food distribution in to Selkirk and Euro central so we can supply different parts of the country.
We are also looking to offer bite size courses so that people can get into education or just start taking an interest in knowledge.

The food is running smooth. The people are getting access to it. That's the important thing. Its not easy running the service, we are out with buckets collecting money and we are doing a roadshow this week.
Once we get the café going and the zone we should do ok. Its been a massive help receiving money from the Robertson trust.

Thank you

Any other comments

Please use this space to tell us about anything you haven't mentioned above that you feel is relevant to your report, for example, if there is an underspend in our funds

Every penny is spent and its helped loads of folk.

Its good for you to know that your trust made a massive impact. Tens of thousands of meals out over the pandemic. the organisation got stronger with your support.

Thank you very much

Contact details

Project contact details

Please provide details of the contact person for this project/work.

Forename(s)	Surname	Position Held
Thomas	Reid	Vice Chair
Telephone Number	Email	
07426563463	tommy.blueprintscotland@gmail.com	

Confirmation

Declaration

I confirm that the information provided in this report is complete and accurate, and that I am authorised to provide this on behalf of my organisation.

Yes

Supporting Documentation

Supporting Documentation

Please click on the [Attachments](#) button below to upload your supporting documentation, which may include additional information such as project feedback, case studies, photographs etc. Please clearly label each document with a name and a short description of what it is.